



**IOPA**  
INDIAN OROFACIAL PAIN  
ASSOCIATION

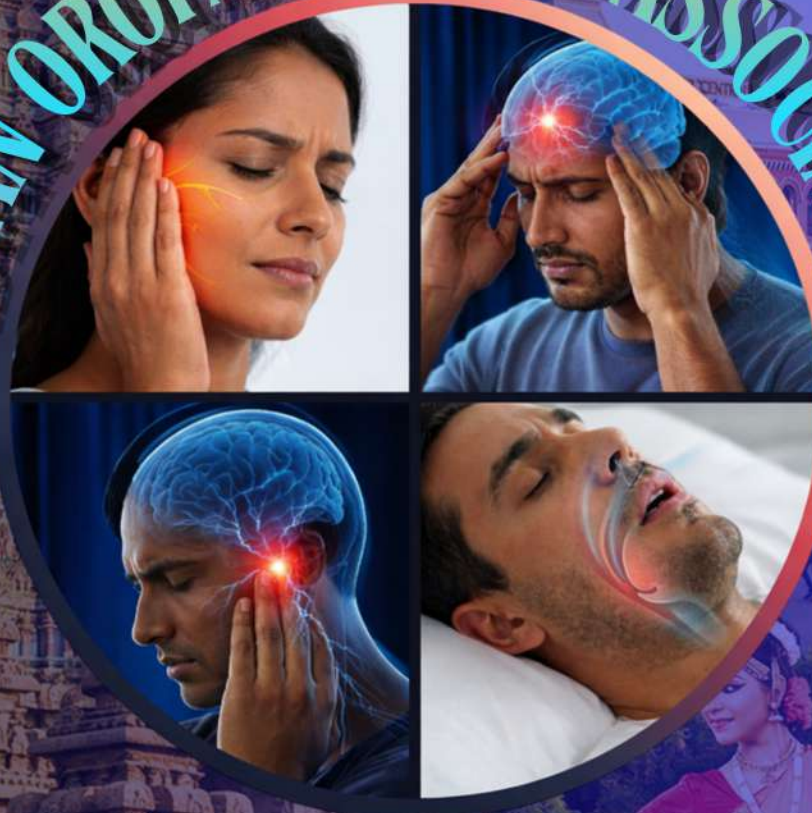


**SAVEETHA**  
DENTAL COLLEGE

**nirf 1<sup>ST</sup>**  
RANK  
Among All Private & Deemed  
Universities in India



INDIAN OROFACIAL PAIN ASSOCIATION



TNDC Approval  
No: 140/26

# 1st ANNUAL CONFERENCE

*"Uniting Minds, Transforming Care in Orofacial Pain"*

**22nd - 23rd August, 2026**

*Hosted By:*

**DEPARTMENT OF ORAL MEDICINE, RADIOLOGY &  
SPECIAL CARE DENTISTRY  
SAVEETHA DENTAL COLLEGE & HOSPITALS  
CHENNAI, TAMILNADU**



**IOPA**  
INDIAN OROFACIAL PAIN  
ASSOCIATION



**SAVEETHA**  
DENTAL COLLEGE

**nirf 1<sup>ST</sup>**  
RANK  
Among All Private & Deemed  
Universities in India



Dear Colleagues and Friends,

It gives us immense pleasure to welcome you to IOPA's 1st Annual Conference, "Uniting Minds, Transforming Care in Orofacial Pain"

hosted by the Department of Oral Medicine, Radiology & Special Care Dentistry, Saveetha Dental College, Chennai, India's leading Dental institute, from August 21-23, 2026.

What began as a small, dedicated initiative to enhance orofacial pain care in India has grown into a dynamic professional community of over 150 members - reflecting the rising awareness, interest, and need for this specialty nationwide.

From our initial newsletters to regular monthly webinars, and now to this landmark annual conference, our journey represents a significant step forward in strengthening education, collaboration, and clinical excellence in orofacial pain. This conference, featuring esteemed national and international experts in the field of Orofacial pain and Dental Sleep Medicine, is designed to bring together dentists, physicians, physiotherapists, psychologists, sleep specialists, and allied professionals committed to multidisciplinary care.

We warmly invite you to be a part of this important gathering - to exchange ideas, foster meaningful collaborations, and contribute to shaping the future of orofacial pain management in India and beyond.

We look forward to welcoming you to Chennai.

Warm regards,

Dr. V. Rangarajan  
*Organizing Chair*

Dr. M. Arvind  
*Organizing Secretary*

Dr. Sumit Gupta  
*Scientific Chair*



# ORGANIZING TEAM



## PATRONS

Dr. N. M. Veeraiyan  
Founder Chancellor, SIMATS



Dr. Deepak Nallaswamy  
Pro-Chancellor, SIMATS



## ADVISORS

Dr. Sheeja Varghese  
Registrar, SIMATS



Dr. S. Aravind Kumar  
Dean, SDC



Dr. V. Rangarajan  
Organizing Chair



Dr. T. N. Uma Maheswari  
Organizing Co-Chair



Dr. M. Arvind  
Organizing Secretary



Dr. S. Ramkumar  
Joint Organizing Secretary



Dr. V. Jayanth Kumar  
Treasurer

## SCIENTIFIC COMMITTEE



Dr. Sumit Gupta  
Chair



Dr. D. Sreedevi  
Co-Chair



Dr. Vaishnavi Prabhakar  
Chair



Dr. Devika S. Pillai  
Co-Chair

## REGISTRATION COMMITTEE

## PRE CONFERENCE COURSES



Dr. S. Karpagavalli  
Chair



Dr. Vivek Narayan  
Co-Chair

## STUDENTS COMMITTEE



Dr. J. Selva Kumar  
Chair



Dr. Roland Prathipa  
Co-Chair

## HOSPITALITY COMMITTEE



Dr. Jyotsna Jain  
Chair



Surenter M  
Co-Chair

## TRADE EXHIBITION



Dr. Prisly Thomas  
Chair



Dr. A. Haripriya  
Co-Chair

## SOUVENIR COMMITTEE



Dr. Dolanchanpa Dasgupta  
Chair



Dr. Prasanthi S  
Co-Chair

## SOCIAL MEDIA COMMITTEE



Dr. Ahana Ajayakumar  
Chair



Dr. R. Sangavi  
Co-Chair

## GIFTS AND MEMENTOS



Dr. Hemant Soni  
Chair



Dr. Shilpa Syam  
Co-Chair

## ACCOMMODATION



Dr. M.S. Chandragupta  
Chair



Dr. Lokesh Kumar  
Co-Chair

## BANQUET



Dr. A.S. Ramesh  
Chair

## TRANSPORT



Dr. Pradeep Jayaprakash  
Chair

# Scientific programs

## IOPA Oration



**Dr. Davis C. Thomas (USA)**

Topic: Systemic Factors in TMD, OFP & Sleep

## Keynote Speakers



**Dr. Ghabi Kaspo (USA)**

Topic: Diagnostic Imaging in Orofacial Pain: Indications, Limitations, and Clinical Decision-Making



**Dr. Camille Haddad (Lebanon)**

Topic: Masking the Diagnosis: The Risks of Botulinum Toxin in Temporomandibular Disorder Management



**Dr. May Wathiq Al-Khudhairi (Saudi Arabia)**

Topic: Understanding Sleep Bruxism: From Etiology to Care



**Dr. Ruchika Sood (India)**

Topic: Trigeminal Neuropathy: A Diagnostic Blind Spot in Orofacial Pain



**Dr. Raashi Khatri Panjabi (India)**

Topic: Past, Present and future of Orofacial Pain practice- from historical evolution to AI



**Dr. Nivedita Kumar (India)**

Topic: Beyond 32: Building your Practice around Sleep Medicine



**Dr. S. Senthil Kumar (India)**

Topic: Revealing Myths of Temporomandibular Dysfunction - A physiotherapist Perspective



**Dr. Yaron Haviv (Israel)**

Topic: Chronic Orofacial Pain Mimicking Dental Pain: From Misdiagnosis to Mechanism-Based Management



**Dr. Vishal Aggarwal (UK)**

Topic: Puzzle of Pain



**Dr. Mythili Kaladka (India)**

Topic: TMDs - Overview of Conservative Management



**Dr. V. Rangarajan (India)**

Topic: Occlusion and TMDs



**Dr. Sumit Gupta (UAE)**

Topic: When Nothing Feels Right... But Everything Looks Fine: A Puzzle Without a Problem



**Dr. Sunil Suresh (Qatar)**

Topic: Knot That Pains: Unknotting the Mystery of Myofascial Pain

## Symposium



Topic:  
Orofacial pain-Clinical perspective

Dr. S. Ramkumar  
Moderator

Dr. Karpagavalli S.

Dr. Dolanchanpa  
Dasgupta

Dr. Jyotsna Jain

Dr. Hemant Soni



Topic:  
Environmental and Life style changes in chronic orofacial pain

Dr. M. Arvind  
Moderator

Dr. Devika Pillai

Dr. Raghunand  
Sindhe J

Dr. Nandita  
Shenoy

# Free Papers & Posters

## INSTRUCTIONS FOR PAPER & POSTER PRESENTATIONS

### General Rules

Participants must be registered for the conference prior to abstract submission.

Scientific events will be held on August 22nd & 23rd, 2026.

Topics are limited to Orofacial Pain (OFP), TMDs, and Dental Sleep Medicine.

No changes will be permitted after submission.

Participants must bring their own presentation tools.

Cash prizes will be awarded for the top 3 Best Papers and Best Posters.

The decision of the Scientific Committee will be final.

### Abstract Submission

Abstract must be 250–300 words, in English, and submitted in Word format.

Include the following details: presenter information, institution, year, registration number, subject, topic, and proof of payment.

Poster abstracts must be signed by the Head of the Department (HOD).

Formatting requirements: A4 size, Times New Roman, font size 12, 1.5 line spacing. Submit as a PDF via the designated email address below or through the Google Form.

*Last date for submission: June 14, 2026.*

### Paper Presentation

Open only to clinicians and faculty.

Duration: 7-minute presentation + 2-minute discussion.

Maximum 15 slides, in PowerPoint format (4:3 aspect ratio).

### Poster Presentation

Open only to undergraduate (UG) and postgraduate (PG) students.

College/guide name must not be included in the poster (entries will be disqualified if included).

College ID and conference registration proof must be presented at the time of presentation.

Duration: 3-minute presentation + 2-minute discussion.

Maximum of 2 authors; all authors must be present for the presentation.

One-slide PowerPoint presentation (4:3 aspect ratio).

Printed posters, animations, audio, video, or GIFs are not permitted.

No college/guide name is allowed.

### Final Submission

Submit the final paper/poster (with delegate name) by **August 14, 2026**.

Send submissions to: [oralmedicine.sdc@saveetha.com](mailto:oralmedicine.sdc@saveetha.com)

## Pre-conference Courses - 21/08/2026

1



**Dr. Davis C. Thomas**

**Title: Systemic work up of Patient with TMDs & Orofacial Pain: The Physician of the Stomatognathic system**

**Time: 9.30 am - 1 pm**

**Fees: INR 1,500**

2



**Dr. Vishal Aggarwal**

**Title: Epidemiology to Evidence based Management of TMD and chronic orofacial pain**

**Time: 9.30 am - 1 pm**

**Fees: INR 1,500**

3



**Dr. K. Ramana**

**Title: Workshop on Myofascial trigger release for Orofacial pain: Hands on Approach - A physiotherapist's perspective**

**Time: 2 pm - 5.30 pm**

**Fees: INR 1,500**

4



**Lt Col (Dr) Sudarshan Bhat**

**Title: TMJ arthrocentesis: from diagnosis to hands-on mastery**

**Time: 2 pm - 5.30 pm**

**Fees: INR 2,500**

5



**Dr. Nilesh Deshmukh**

**Title: Mastering Trigger Point Injections in Myofascial Pain Management**

**Time: 9.30 am - 1 pm**

**Fees: INR 2,500**



**Dr. Prisly Thomas**

6



**Dr. J. Selva Kumar**



**Dr. Ahana Ajayakumar**



**Dr. Vaishnavi Prabhakar**

**Title: Mastering TMD & Sleep Appliances: From Theory to Chairside Practice**

**Time: 2 pm - 5.30 pm**

**Fees: INR 3,000**

**Course fee: 20% Discount for delegates registered for conference**

# PROGRAM SCHEDULE

**DAY I - 22/08/2026**

**TIME**

**MAIN HALL**

9.00-9.30 AM

**REGISTRATION**

9.30-10.00 AM

**Dr. Raashi Khatri Punjabi**

Past, Present and future of Orofacial Pain practice

10.00-10.45 AM

**Dr. Vishal Aggarwal**

Puzzle of Pain

10.45-11.15 AM

**INAUGURATION**

11.15-11.30 AM

**Tea/Coffee Break**

11.30-12.15 PM

**Dr. Davis Thomas -  
IOPA Oration**

Systemic Factors in TMD, OFP & Sleep

12.15-1.00 PM

**Dr. Ruchika Sood**

Trigeminal Neuropathy: A Diagnostic Blind Spot in Orofacial Pain

1.00-2.00 PM

**Lunch break**

2.00-2.30 PM

**Dr. Mythili kalladka**

TMDs - Overview of Conservative Management

2.30-3.15 PM

**Dr. Yaron Haviv**

Chronic Orofacial Pain Mimicking Dental Pain

3.15-4.00PM

**Dr. V. Rangarajan**

Occlusion and TMDs

4.00-4.15 PM

**Tea/Coffee Break**

4.15-5.00 PM

**Symposium 1**

Environmental and Lifestyle changes in chronic orofacial pain

5.00-6.00 PM

**AGM**

3.30 - 5.30 PM

Free Papers & Posters

Other Halls

# PROGRAM SCHEDULE

**DAY 2 - 23/08/2026**

**TIME**

**MAIN HALL**

9.00-9.30 AM	Dr. S. Senthil Kumar	Revealing Myths of Temporomandibular Dysfunction
9.30-10.00 AM	Dr. Nivedita Kumar	Beyond 32: building your practice around sleep medicine
10.00-10.45 AM	Dr. May Wathiq Al-Khudhairi	Understanding sleep bruxism : From etiology to care
10.45-11.00 AM	Tea/Coffee Break	
11.00-11.30 AM	Dr. Sumit Gupta	When nothing feels right; but everything looks fine in Orofacial pain
11.30-12.15 PM	Dr. Ghabi Kaspo	
12.15-1.00 PM	Dr. Camille Haddad	Masking the Diagnosis: The risk of Botulinum toxin in TMD management
1.00-2.00 PM	Lunch break	
2.00-2.30 PM	Dr. Suni Suresh	Knot that pains: Unknotting the mystery of Myofascial pain
2.30-3.15 PM	Ask the Stalwarts	
3.15-3.30 PM	Tea / Coffee break	
3.30 - 4.15 PM	Symposium 2	Orofacial pain; Clinical perspective
4.15-5.00 PM	Quiz & Prize Distribution	
5.00-5.15 PM	Valedictory	

# REGISTRATION

## FOR REGISTRATION



Click  
QR Code

IOPA Member - Indian - ₹3000  
Non IOPA member - Indian - ₹4000  
International delegate - \$100  
UG Student - ₹1800  
PG student - ₹2300

<https://docs.google.com/forms/d/e/1FAIpQLSd5c9Vgod1gzf8bJuZlXzWxjdykNpcNe7K3vpBXiPc4YjJfRA/viewform>

## PAYMENT DETAILS



Account Name : Saveetha Dental College ORAL  
MEDICINE CME

Account No : 1248135000002574

Bank Name : Karur Vysya Bank

IFS Code : KVBL0001248

SWIFT CODE : KVBLINBBIND

## FOR ENQUIRIES CONTACT

Dr. Devika S. Pillai  
+91 7306783582

Dr. A. Hari Priya  
+91 9566157661

Dr. J. Selvakumar  
+91 883 878 0154